Kara Chamberlain

Actor | Writer | Producer

Theatre & Film Work







About Me

I am a British-Canadian actor, writer, and producer on stage and screen. Working across roles and mediums has always woven through my creative practice, and I get great satisfaction bringing an idea from it's initial seed into a fully fledged production. I love making work that tackles challenging topics with flair and humour, like hiding vegetables in a brownie.

Included in this portfolio are some of my favourite projects, but other lovely work has been left on the cutting room floor. To see more of my work check out the links below.

www.karachamberlain.com

@thekarachamberlain

My IMDb Page





Training & Mentors

My creative lineage includes wonderful teachers and mentors and a broad spectrum of training.

- **MA Acting @ Bristol Old Vic Theatre School**
  - Performance, stage combat, devising, voice work, movement
- **BA (Hons) Drama @ University of Alberta**
  - acting, writing, directing, stage management, design, theatre tech, production management

Additional Training:

- **Meisner Technique training** with **Dominic Kelly**
- **The Actor's Practice** with **Helena Walsh**
- **New Writing Workshop** with **Mark Ravenhill**
- **Film Producing Certificate** with **Raindance**
- **Solo Show Creation Lab** with **Haley McGee**

Ongoing Creative Partnerships:

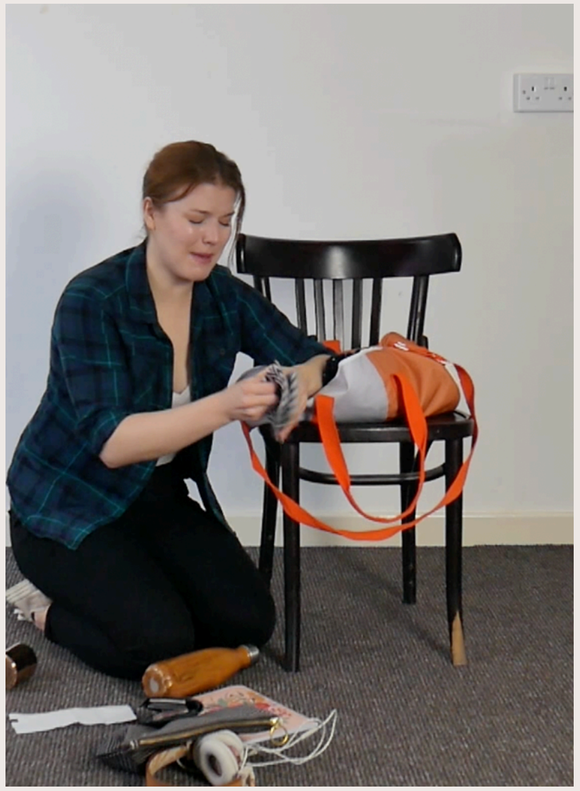
- Writing support via **The Creative Path** with **Helena Walsh**
- Development Support via **Incubate** at **Canada Water Theatre (Theatre Peckham)**

Theatre Projects

A selection of shows both past and in development.









Cream Pie

Toured 2015 - 2016

My Roles:

Writer/Deviser, Producer, Actor

Two feminists ask an important question: what is up with internet porn?

With a unique mix of devised sketch comedy and verbatim theatre, two best friends peer into the world of online sex. Devised by Kara Chamberlain and Natalia Knowlton.

Tour Dates & Venues:

- Calm Down Dear 2015 @ Camden People's Theatre (Work in Progress)
- The Warren, Brighton Fringe 2016
- Calm Down Dear 2016 @ Camden People's Theatre
- Balham Comedy Festival 2016
- The Bike Shed, Exeter: Calm Down Dear extended 2016
- The Acorn, Penzance 2016

4-Star Review in London Theatre 1







Supported by funding from O2 Think Big.

Supported by funding from the Arts Council of England

Friday Night Love Poem

Toured 2019 - 2022
(on stage and online)

My Roles: Producer, Actor

A love letter to coming of age as a woman. Three stories of young women navigating relationships, sex, sexuality, and growing up. Written by Natalia Knowlton. Directed by Sammy Glover (2019) and Mariana Aristizabal Pardo (2021).

Workshop and Tour Dates:

- Rehearsed Reading @ Camden People's Theatre 2018
- Calm Down Dear 2019 @ Camden People's Theatre 2019
- The Warren, Brighton Fringe 2019
- Fringe Preview @ The Drayton Arms 2019
- Digital Production Developed and Streamed @ Zoo TV for Ednburgh Fringe 2021, then again @ The Space London Online 2022







[4-Star Review from Get The Chance]

Supported by development funding from the Arts Council of England

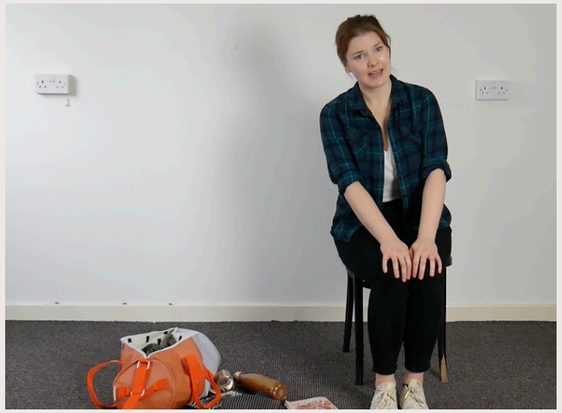
Headcase

Workshopped 2020 - 2022

Publised 2025

My Roles:

Writer, Producer, Actor





June is working hard to survive the relentless corporate workday, not embarrass herself in front of your crush, and navigate crippling anxiety. Touching and honest, this ensemble play highlights the tension between 'living our best lives' and prioritising our needs. Written by Kara Chamberlain. Published by Lazy Bee Scripts.

[Read it Here]

Development Journey:

- Originally written as a solo show supported by Haley McGee's Creation Lab, then further developed with support from the Arts Council of England
- After feedback from the Royal Court Literary Department, the script was re-worked into an ensemble play, with a workshop facilitated by Mariana Aristizabal Pardo and a rehearsed reading at The Space, London





Supported by development funding from the Arts Council of England

Doppelganger

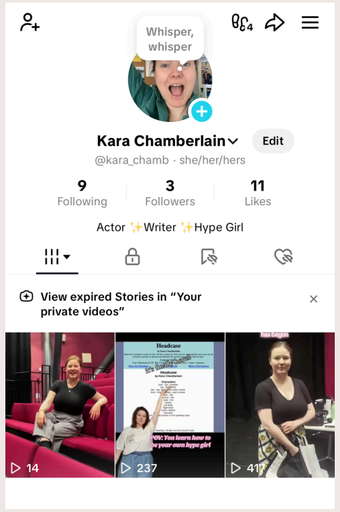
Workshopped 2025

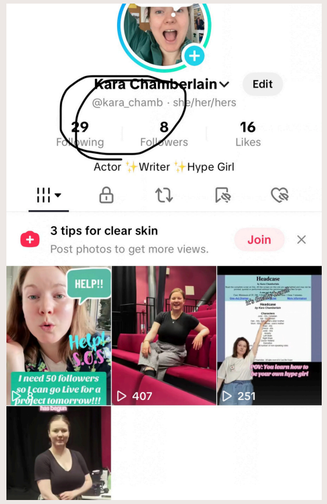
Still in development

My Roles:

Writer, Producer, Actor







In the early 00's Kara Chamberlain was kidnapped by a serial killer and escaped. I am NOT that Kara Chamberlain. She is ruining my life. After realising that my entire online presence was overtaken when ANOTHER Kara Chamberlain became TikTok famous, I endeavour to rebuild my SEO and online presence while processing all the emotions that come with losing my online sense of self.





Development Journey:

- Currently in development, initial script and research completed and now undergoing additional data collection
- First iteration of the script was workshopped with the support of the Arts Council of England and the Incubate Scheme at Canada Water Theatre

Film Projects

A selection of completed film projects.







Retail is Hell

My Roles:
Producer, Actor

Watch it Here

2022

A cute little shop is not as idyllic as it seems. This multi-award winning web series toured online festivals and is now available on Youtube.







Featured article in WomenCINEMAKERS Magazine.

Raw Chemistry

Despite an apocalypse turning all the men into zombies, AJ is determined to have one last first date. This quirky zom-rom-com spent time on the festival circuit and is now available to stream on ShortsTV.

2024

My Roles:
Writer, Producer, Actor

Watch it Here







Book Lover

2025

Don’t we all love a good romance? When her boyfriend is out, our heroine gets caught up in a novel romance.

My Roles:

Writer, Producer, Actor

[Watch it Here]





